

*"Don't just pretend that you love others.  
Really love them." Rom. 12:9*

### How Do You Get Involved? Just ask!

If you are interested in being a facilitator or co-facilitator of a small group or MountyCell, speak with one of our pastoral team or attend our quarterly leadership training nights (MountyCell Growth). The dates are advertised for 3 weeks prior to the event in our Sunday church bulletins.



We also hold small group information evenings (MountyCell Generation) quarterly. If you are interested in participating in a MountyCell, you can either attend one of these information sessions or phone our Connecting Pastor Suzanne Mitchelson or email the church at any time:

Phone: 9444 1171 (Mon—Thur 9am—5pm)

Email: [mountycells@mounty.org](mailto:mountycells@mounty.org)

*"Be devoted to each other like a loving family.  
Excel in showing respect for each other." Rom. 12:10*

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## Small groups @ MountyChurch

### MountyCells

MountyCells exist for:

#### Connecting

Welcoming people by giving priority to intentional and authentic relationships which offer friendship, support, commitment and belonging

#### Transforming

Maintaining an environment of sustained nourishment, spiritual growth and Bible study

#### Serving

Joining in God's restoration work in this world through prayer, caring and serving. Being the healing others need

#### Multiplying

Reaching out by growing small groups and making a quality experience available and open to everyone

#### Worshipping

Seeking to bring glory to God in all we do, allowing the Holy Spirit to work within and through us



# Small groups @ MOUNTYCHURCH

## MOUNTYCELLS

MOUNTYCELLS exist for:

*"Love the Lord your God with all your heart and with all your soul and with all your mind ... Love your neighbor as yourself." Matt. 22:37-39*

*"In Christ we who are many form one body, and each member belongs to all the others." Rom. 2:5*

### Connecting



A MOUNTYCELL leader facilitates a small group within the vision of and under the leadership of MOUNTYCHURCH.

### Typical Groups

#### Days of the week

We have a range of groups meeting every day except Friday and Sunday, with most of them running Tuesdays and Wednesdays. We always welcome the opportunity to commence another on a day that would offer an alternative.

### Transforming



*"Enjoy the companionship of those who love the Lord." 2 Tim. 2:22*

#### Frequency

*"Love your spiritual family." 1 Pet. 2:17*

### What are Small Groups

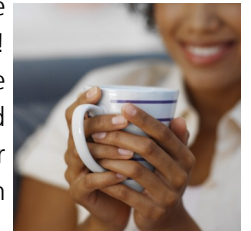
### Serving



A small group is typically made up of 6—14 people who meet regularly during the week or month to share about their lives, support one another, and study and apply Biblical truths. What happens in each varies from group to group, but most have a time of fellowship, prayer, Bible or book study, discussion, and life application. These are not self-help or therapy groups, but opportunities to learn about and be more like Jesus.



Each MOUNTYCELL meets at a time that suits its members: some are weekly, some are fortnightly, and some are custom made! For example, some meet 3 weeks on, 1 week off, and some meet for one type of meeting one week (eg Bible study), and another type of meeting another week (eg prayer). Many of our MOUNTYCELLS are very social, fitting in meals or social outings on occasion. Some of our groups even go away on retreat together.



*"Share each other's troubles and problems, and in this way you obey the law of Christ." Gal. 6:2*

### Multiplying



#### Focus

We have young and older mens and womens groups, as well as mixed groups in a range of ages. We also have family groups where children are included, some every meeting, some once in a while. Some of our groups have a particular focus such as social justice or prayer.

All of our MOUNTYCELLS focus on learning more about God through studying the Bible, and how Christianity applies in our daily lives.

### Worshipping



Using words associated with the body and growth, we have called our small groups MOUNTYCELLS.

*"Let us not give up the habit of meeting together. Instead, let us encourage one another." Heb. 10:25*

*"Do not be conformed to this world but be transformed by the renewal of your mind." Rom. 12:2a*